

Welcome to our Summer term



Learn to swim & respect the water. Love your Aqualife



A warm welcome back to the pool, we hope you have all had a wonderful relaxing break.

Our Easter Intensive Week was great fun and we are very proud of all the swimmers and their fantastic improvement over the week - well done!

The team are looking forward to a great term ahead. We will be working on the next stages of the new International Learn to Swim Program badges and certificates, as well as learning about some new, and sometimes unusual, marine creatures and their habitats!

Important updates to our Environmental Policy

Please note that in line with our **Environmental Policy** we will no longer be providing blue shoe covers for poolside. We kindly ask that swimmers and spectators bring re-usable flip-flops or pool shoes for inside and around the pool. No outside footwear is permitted.

We are also encouraging the swimmers in our parent and child classes to invest in re-usable swim nappies. [Bambino Mio](#) do a great range, as do [JoJo Maman Bebe](#).

All rubbish, including nappies, must be taken home and disposed of responsibly. It is not to be left on the poolside changing rooms or school premises. Thank you for your support and understanding.

Please do follow our [Facebook page](#) for updates, swim tips and more information from the Aqualife team.



**PLASTIC BAGS LOOK LIKE JELLYFISH
AND KILL TURTLES AND OTHER
MARINE LIFE THAT EAT IT, MISTAKING
THEM FOR JELLYFISH**

PROTECTING OUR AQUALIFE

Late last year BBC series Blue Planet II highlighted how plastic in the oceans is slowly killing our sea creatures, fish and birds. From plastic bottles and sweet wrappers to glitter and microplastic, the BBC documentary claims that "entanglement in marine

plastic is the most significant welfare threat of human origin in the ocean."

On the [Aqualife blog](#) this month, Penny shares her first-hand experiences of the destructive damage caused by trash and plastic rubbish and offers ten simple ideas for how you and your family can reduce waste in everyday life. We'd also love to hear any tips you have on ways to be greener on our [Facebook page](#).

[Find out more.](#)



UPCOMING COURSES

In July, Penny will be returning from Australia to run a series of **Instructor Courses**. If you are thinking of a new career and would like some more information or to book your place, please do drop Penny an [email](#).

STA Safety Award for Teachers (one day lifesaving)

Date: **Sunday 24th June 2018**

Location: [Radnor House](#)

STA Award for Teaching Swimming (Level 1, four days)

Date: **Monday 9th to Thursday 12th July 2018**

Location: [New Beacon](#)

STA Certificate for Teaching Swimming (Level 2, four days)

Date: **Monday 16th July to Thursday 19th July 2018**

Location: [New Beacon](#)



NEWS FROM AQUALIFE AUSTRALIA!

"G'day and Happy Easter from beautiful Australia.

The Commonwealth Games has kicked off here on the Gold Coast and I've been following Team GB for the past week and cheering on their fantastic success, especially in the pool.

We have been travelling around over the Easter break and spent time on the stunning Sunshine Coast, Stradbroke Island and Byron Bay.

This breathtaking stretch of the country has some of the most marine life and truly beautiful scenery I have ever seen. When you are living in, or indeed travel to, what is almost paradise you appreciate the true wonder of the world around us. Conservation of the oceans and care of our planet has never been more important and I hope this months blog will inspire everyone to make even just a small change in their everyday lives to reduce waste.

Penny

x

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